Women Healing the Wounds

**LOCAL SHELTER**

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The National Council of Catholic Women

Cares About Your Safety

* **Make a safety plan**
* **Contact a local shelter**
* **It is not Your Fault**

**You are not alone, there is help for you**

**Nearly 75% of men who abuse their partners also abuse their children. Many times they are forced to witness the abuse. Children who grow up in abusive households are 42% more likely to perpetuate the cycle of violence**.

**1-800-799-SAFE (7233)**